

Warning Signs for Parents

The following specific physical and behavioral signs of drug and alcohol use can help you determine whether your teen needs help in dealing with addiction.

- A change in sleeping patterns.
- Persistent runny nose, bloodshot eyes, coughing and wheezing.
- Slurred or agitated speech.
- Complaints from teachers.
- Increase in absences from school, and truancy.
- Diminishing academic performance.
- Secretive behavior.
- Changes in friends and peer groups.
- Lack of interest in personal appearance and hygiene.
- Increase in the amount of money borrowed, or missing money and valuables.
- Emotional instability, hyperactivity or hyper-aggression.
- Hostility
- Lying
- Missed curfews.
- Depressed, fatigued or sleepy
- History of substance abuse within the family, including nicotine.

If you recognize more than a few of these signs in your teen, please contact us today. But please remember, our program is voluntary—in order to be accepted, your teen must voluntarily participate.

(760) 343-3211

Operation SafeHouse



For over twenty years, Operation SafeHouse has been helping families work through crisis situations.

Our Emergency Shelter program provides immediate help to youth and families experiencing crisis situations. When families come to us, they're usually at their wit's end—parents are frustrated and children don't know where to turn.

Our staff is available 24 hours a day, 7 days a week for teens and their families who need help negotiating the often challenging road from childhood to independent adult life.

Generous public funding allows us to provide our Substance Abuse Program to teens and their families at a reduced rate and is simply an extension of the services we've been providing for years.

Mission Statement

Operation SafeHouse, with community support, provides emergency shelter, intervention and outreach services to runaway, homeless and other youth in crisis. SafeHouse offers youth positive alternatives to becoming victims of the streets.

www.operationsafehouse.org

info@operationsafehouse.org

Operation SafeHouse



Substance Abuse Program

Planting the Seed

24 Hours a Day

7 Days a Week

Call

(760) 343-3211

www.operationsafehouse.org

Program

We realize teens today are facing enormous challenges. It seems as though there's never been a more difficult time to grow up. So many teens are dealing with issues relating to substance use/abuse. Many have begun to "experiment," others already have serious addiction problems.

Operation SafeHouse's Substance Abuse Program helps teens address these issues, holistically and in a safe, secure environment. It's tailored specifically to the issues that occur as a result of drug and alcohol use/abuse.

Teens are admitted to our Emergency Shelter Program in Thousand Palms and participate in the program just like every other client—but they get something extra. They get special attention to help them work through their substance abuse issues.



Services

Some of the services teens in our Substance Abuse Prevention Program receive are:

- Individualized assessment, case planning and counseling designed to address substance abuse issues.
- Weekly AA/NA meetings.
- Group therapy sessions where they get a chance to discuss their struggles with their peers.
- Family Counseling that helps their family learn to support their efforts toward recovery.
- Anger Management/Coping Skills Groups.
- Recreation/Yoga/Relaxation
- Relapse Prevention
- Follow-Up/Aftercare/Referrals

Fees

Our Substance Abuse Program lasts up to 30 days and fees are based on a sliding scale. Your assessed fee includes the intensive program outlined in this brochure plus three meals a day and two snacks, shelter and most importantly, staff who are trained in helping teenagers deal with a wide range of issues. No one will be turned away due to lack of ability to pay.*

More Info



With some teens and families, a brief stay in a residential setting provides distance from the teen's drug-using friends, an emotional break from tensions for both parents and teen, and space to allow the individual and family therapy to begin to take root.

Operation SafeHouse provides the needed recess from the cycle of distress often occurring in the family of a teen who is using alcohol and drugs. We use our unique talents to bring families back together and help the youth get their lives back on track.

The program is directed and overseen by a licensed Marriage & Family Therapist and a Registered Addiction Specialist—both trained in the specific needs and issues that substance abuse creates with teens and families.

Thousand Palms Emergency Shelter • 72-710 E. Lynn St., Thousand Palms, CA 92276 • (760) 343-3211

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*You may discuss your fee with your counselor at the time of the assessment. Please call for more information.